

## Free Info Workshops

**Friday 7 February 10am-11am**

***A Taste of Croquet*** – Learn about the world of croquet! Find out about some insights into the evolution of croquet, its impact on society, the strategies and skills involved in the game and its potential for helping people become healthier and fitter. Plus an offer of participating in a free course.

**Friday 6 March, 10am-11am**

***Understanding Anxiety*** – The talk will explore: When anxiety becomes a problem, What are the impacts, What maintains our anxiety, and How we can help ourselves.

**Friday 3 April, 10am-11.30am**

***Estate Planning Workshop*** – Covering the following topics: Wills, Superannuation & Wills, Guardianship, Advanced Care Directives, Powers of Attorney.

Some transport available for locals. Workshops followed by ***Drop In Tea & Chat*** till 12noon.

## For Love of Music

**Friday 28 February, 1pm-3pm**

***“Celebratory Music”*** – We will start the year with wonderful music by Bach, Handel, Mendelssohn and others written to celebrate weddings, coronations and other special occasions.

**Friday 27 March, 1pm-3pm**

***“The Art of the Adagio”*** – Some composers wrote hauntingly beautiful slow movements in their symphonies and concertos. We will hear some compositions of Chopin, Mozart and others.

### Advance Bookings Essential

Ph 9719 8102 unless otherwise stated.  
All programs held at 10 Cometrowe Street,  
Drummoyne unless otherwise stated.

## Drummoyne Preschool Visit

On Wednesday 19 February between 10.30am and 11.30am the children from Drummoyne Preschool will visit. This will be a monthly occurrence. This will be an intergenerational get together with activities. RSVP.

## Parenting Workshops

Relax You & Your Baby – 14-28 February, 13-20 March

Dads & Babies Workshop – 21 March

Circle of Security – 2-30 March

Circle of Security Follow Up – 7 March

Expectant Parents Breakfast – Date to be confirmed

## Transport–Wed & Thurs BayRiders

Door to door transport for locals experiencing transport difficulties within local area. Book on Tuesdays between 9am and 12noon. Partnership with City of Canada Bay.

## Transport to DCC

Some transport for locals is available to programs at DCC by volunteer drivers.

## Volunteering

We need car drivers with own car and minibus drivers. Plus some admin and help with events.

## Community Info & Referrals

What? When? Where? If you require information about services or where to go, try us.

## Community Hall & Bus for Hire

Available to community groups and local residents.

## Afternoon Musical Outings

Outings to live classical music by *Hunters Hill Music*.

Transport provided. On Sunday 8 March listen to

Tamara-Anna Cislowska and Elena Kats-Chernin.

### DCC Thanks the following funding bodies:

City of Canada Bay Council; Canada Bay Club;  
NSW Department of Communities & Justice;  
Resourcing Parents Inner West Small Grants.



10 Cometrowe St, Drummoyne

Ph 9719 8102

[info@dcc.org.au](mailto:info@dcc.org.au)

[www.dcc.org.au](http://www.dcc.org.au)

# Drummoyne Community Centre Summer Timetable – Jan to Apr 2020

| Day   | Activity / Class  | Time                            | Date / Duration  | Who to Contact        |
|---|---|---------------------------------|--|-----------------------|
| <b>Monday</b>                                   | <b>Free</b> Walking Group @ Taplin Park                               | 7.30am-8.30am                   | 3 February – 6 April   | DCC 9719 8102         |
|   | Tai Chi for Arthritis @ Drummoyne Oval Pavilion - <b>Beginners</b>    | 10.15am-11am                    | <b>Free</b> Intro 3 Feb; 17 February – 6 April                 | DCC 9719 8102         |
|   | Tai Chi for Health @ Drummoyne Oval Pavilion                          | 11.15am-12.15pm                 | 17 February – 6 April  | DCC 9719 8102         |
|   | U3A Italian Conversation  | 2pm-3.15pm                      | 3 February – 6 April   | Anne 0419 017 364 HH  |
|   | Circle of Security @ Concord Library                                  | 7pm-9pm                         | 2 March – 30 March   | DCC 9719 8102         |
| <b>Tuesday</b>                                  | Yoga & Relaxation   | 9.30am-10.45am                  | 4 February – 7 April   | DCC 9719 8102         |
|   | <b>Free</b> Guided Meditation   | 1.30pm-3pm                      | 18 February, 17 March  | DCC 9719 8102         |
|   | Children's Art (4-8years)   | 4pm-5.30pm                      | 4 February – 31 March  | DCC 9719 8102         |
|   | <b>Free</b> Legal Information (appointment necessary)                 | 4.30pm-6.30pm                   | 4 Feb, 3 Mar, 7 Apr (1 <sup>st</sup> Tues of mth)              | DCC 9719 8102         |
| <b>Wednesday</b>                                | <b>Free</b> Conversation English Beginners @Concord Senior Citizens** | 10am-11am                       | 5 February – 8 April   | DCC 9719 8102         |
|   | <b>Free</b> Drummoyne Preschool Students Visit *                      | 10.30am-11.30am                 | 19 February (3 <sup>rd</sup> Wed of mth)                       | DCC 9719 8102         |
|   | Men's Group   | 10am-12.30pm                    | 12 Feb, 26 Feb (2 <sup>nd</sup> & 4 <sup>th</sup> Wed of mth)  | DCC 9719 8102         |
|   | Groovy Grandparents Playgroup (Offsite)                               | 10.30am-12.30pm                 | 5 February – 8 April   | Carol 0430 114 168    |
|   | U3A Spanish Class (Intermediate)                                      | 1.15pm-3.15pm                   | 5 February – 8 April   | Anne 0419 017 364 HH  |
|   | Craft & Chat (note change of day and time)                            | 1.30pm-3pm                      | Ongoing (Weekly) from 5 February                               | DCC 9719 8102         |
|   | Martial Arts for Children – Taekwondo (3+ years)                      | 4pm-6.30pm/7.30pm               | Ongoing (weekly) from 22 January                               | Vince 0452 260 205 HH |
|   | Drummoyne Art Society (DAS) Meeting – all welcome                     | 7pm-9pm                         | 19 Feb, 18 Mar, 15 Apr (3 <sup>rd</sup> Wed of mth)            | Lois 0416 577 716 HH  |
| <b>Thursday</b>                                 | DAS Art Classes (Drawing, Watercolours & Acrylic Oils)                | 10am-12noon                     | 6 February – 9 April   | Dana 9645 1882 HH     |
|   | English as a Second Language Class @ Concord Senior Citizens +        | 10am-12noon                     | 6 February – 9 April   | DCC 9719 8102         |
|   | Vision Impaired Support Group   | 11.30am-1pm                     | 20 Feb, 19 Mar, 16 Apr (3 <sup>rd</sup> Thurs of mth)          | Coral 9713 5734       |
|   | Canada Bay Community Choir  | 7pm-9pm                         | 30 January – 9 April   | Jan 0418 206 988 HH   |
| <b>Friday</b>                                   | English as a Second Language Class ++                                 | 10am-12noon                     | 14-28 Feb, 13-27 Mar (not 6 Mar)                               | DCC 9719 8102         |
|   | <b>Free</b> Info Workshop & Drop In Tea & Chat (Transport available)  | 10am-12noon                     | 7 February, 6 March, 3 April                                   | DCC 9719 8102         |
|   | Relax You & Your Baby (Parents & babies up to 12mths)                 | 11am-12noon                     | 14-28 February, 13-20 March                                    | DCC 9719 8102         |
|   | For Love of Music – Classical music                                   | 1pm-3pm                         | 28 February, 27 March  | DCC 9719 8102         |
|   | Canasta Card Group  | 1pm-4pm                         | Ongoing (weekly) from 7 February                               | DCC 9719 8102         |
|   | Mahjong   | 2pm-4pm                         | Ongoing (weekly) from 7 February                               | DCC 9719 8102         |
| <b>Free</b> Peace Meditation & Community Dinner | 6.15pm-8.30pm   | 14 February, 13 March, 17 April | DCC 9719 8102  |                       |
| <b>Saturday/<br/>Sunday</b>                     | <b>Free</b> Circle of Security Follow Up @ Concord Library *          | 9am-12noon                      | 7 March  | DCC 9719 8102         |
|   | Expectant Parents Breakfast   | 9.30am-12noon                   | TBC  | DCC 9719 8102         |
|   | Dads & Babies Workshop  | 1.30pm-3.30pm                   | 21 March   | DCC 9719 8102         |
|   | Bay Quilters  | 1.30pm-4pm                      | 1 February (1 <sup>st</sup> & 3 <sup>rd</sup> Saturday of mth) | DCC 9719 8102         |
|   | Music Outing to Hunters Hill Music                                    | 2.30pm-4.30pm                   | 8 March  | DCC 9719 8102         |

\* New Program

\*\* If new to Conversation English please attend interview at 10am on 29 January

+ If new to ESL at Concord please attend interview at 10am 30 January

++ If new to ESL at Drummoyne please attend interview at 9am on first day

HH = Hall Hirer

16/1/20