

DCC Parenting Calendar T3 & T4 2020

Up & Coming Programs held via Zoom

Bookings essential—Phone: 9719 8102 or Email: info@dcc.org.au

Priority is given to residents of the City of Canada Bay and surrounding suburbs

Intro to Language, Learning & Play

Five week program from the comfort of home.

Language – How to respond to your baby; At what age can babies and parents begin to communicate; What about the child who is learning more than one language; etc.

Learning – Learning through observation; How to engage and develop a love of books; etc.

Play – What to look for in toys and why; The top ten toys; What about the use of 'educational videos', baby TV or computer games for infants; etc.

Date: Fridays 14 August – 11 September 2020

Zoom Time: 11am to 12noon

Parents Workshops for Couples

Session 1:

Focuses on helping parents to equip themselves with the knowledge and skills needed to cope constructively with the changes brought about by the birth of a child and ongoing parenting.

Date: Saturday 19 September 2020

Zoom Time: 11:30am to 1pm

Session 2:

Focuses on the role of the father and provides a 'hands-on' practical component that highlights the positive and important role that fathers play both for their child and the mother.

Date: Saturday 26 September 2020

Zoom Time: 11:30am to 1pm

Circle of Security Follow Up

A follow up for those who have attended a Circle of Security program before and would like a refresher. Proof of completion of program required.

Date: Saturday 24 October 2020

Zoom Time: 10am to 1pm

Supported by NSW Department of Communities & Justice

Expectant Parents – Preparing for Parenthood

Having a baby is an opportunity for new beginnings and new relationships as you build your family life together. A chance for couples expecting a baby who live in Canada Bay area or neighbouring areas or are new to Australia who:

- Wish to find out about local health, parenting and childcare services
- Want to connect with other local parents, and
- Reflect on parenting as a couple.

Date: Saturday 12 September OR 17 October 2020

Zoom Time: 9am to 11am

Preparing for Toddlerhood

Five week program. Introduces you to what to expect in the toddler years. How to plan, prepare and meet you and your toddler's needs and expectations. For parents and babies 0-13 months.

Date: Fridays 16 October – 13 November 2020

Zoom Time: 11am to 12noon

Testing.Tricky.Terrific.Toddlers

Two week program covering:

- "More Peas Please" – Why communication is key to overcoming fussy or picky eating.
- Tantrum Triggers – Why tantrums seem to be worse in public than at home and how to manage meltdowns; Why toddlers don't listen.
- Good Self Esteem – How to build good self esteem and why it is important.

Date: Tuesdays 17 & 24 November 2020

Zoom Time: 7:30pm to 9pm

Small cost to some programs. Fees are negotiable.

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