

DCC Parenting Calendar Term 3

July to September 2021

To register visit www.dcc.org.au/families,
email info@dcc.org.au or call 9719 8102



Language, Learning and Play

This 5-week program runs for one hour on a Friday morning. It is for parents of babies 0-12 months. During this session we will be exploring how to make connections through language, learning and play. We begin with 'Helping your baby understand', this needs to happen first before your baby can talk. You will gain an insight into what helps your baby make sense of language and although your baby's first word may not be until he is 12 months old the preparation begins much earlier.

Dates: Fridays, 23 July – 20 August 2021
Time: 11.30 am – 12.30 pm
Venue: Drummoyne Community Centre
10 Cometrowe Street, Drummoyne
Cost: \$30.00 for the 5-week program

Circle of Security Parenting

Taking the guesswork out of parenting!

The Circle of Security model is a 'map' for parents and caregivers on how to navigate parenting while juggling other demands in life. Based on fifty years of research, this evidence-based program demonstrates that children with secure attachments have more confidence, compassion, resilience and endurance.

Dates: Tuesdays 3, 10, 17, 24, 31 August 2021
Time: 7.00 pm – 9.00 pm
Venue: Drummoyne Community Centre
10 Cometrowe Street, Drummoyne
Cost: \$55 for individuals or \$80 for a couple
(includes DCC membership for 2021/22)

Relax You and Your Baby (Infant Massage)

This 5-week program runs for one hour on a Wednesday morning. It is for parents of babies 0-10 months and explores baby's body language and their unique sight, sound and sensory cues. It is their way of telling us what they want. Learn to do baby massage and use it as a method of connection and communication which is effective for settling and sleep problems.

Dates: Wednesdays 11 August – 8 September 2021
Times: 9.30 am – 10.30 am
Venue: Victoria Avenue Public School
64 Victoria Avenue, Concord West
Cost: \$30.00 for the 5-week program

Musical Beginnings

For parents and their babies under 12 months. Musical Beginnings is a group program designed to support you engaging with your baby through music. The program aims to nurture joyful connections through singing songs, moving to music and fun play activities. The program will also assist you to feel more confident in using music to support your baby's development and learning. We will explore ways of caring for yourself and reducing stress with music.

Dates: Fridays, 27 August - 17 September 2021
Time: 12.00 pm – 1.00 pm
Venue: Drummoyne Community Centre
10 Cometrowe Street, Drummoyne
Cost: \$24.00 for the 4-week program

Dads Relax You and Your Baby

A half day workshop for fathers with pre-crawlers (0-10 months). Explore baby's body language and unique cues as well as practical activities such as learning to do infant massage and exploring settling and sleep techniques.

Date: Saturday, 11 September 2021
Time: 10.00 am – 1.00 pm
Venue: Concord Library
Wellbank Street, Concord
Cost: Free but Registration is Essential

IMPORTANT INFORMATION

Fees are negotiable for families experiencing financial hardship at this time. Priority is given to DCC Members and local parents in the City of Canada Bay area and surrounding suburbs. Please call the office before you complete a registration form to ensure there is a spot available. Mums and Dad are welcome to come to all courses, together. Reduced fees may apply.

